Dear [Mr. or Ms. Athletic Director],

My name is [YOUR NAME], and I'm a [GRADE] at [HIGH SCHOOL]. I'm reaching out because I would like to teach all of our student athletes basic CPR and how to use an AED.

I'm an Ambassador for Where Is The AED (https://www.WhereIsTheAED.org/), and our goal is to educate students so they are prepared to respond confidently in an emergency and potentially save a life, whether it be at school, at home, in the workplace, at the gym, in a restaurant, or anywhere in the community.

Every year, sudden cardiac arrest kills more than 356,000 Americans, including 23,000 kids. Here in California, the survival rate is only 8%. But when someone uses an AED within the first few minutes, that survival rate jumps to 90%. With your support, we can change these numbers for our community.

The [CITY NAME] Fire Department and I would love to host short, 20-minute training sessions for our sports teams.

Could we schedule a brief time to discuss how we might integrate these quick sessions into upcoming team practices?

Thank you so much for your time and support.

Sincerely,
[YOUR NAME]

[YOUR FULL NAME}
Personal Email: XXX
School Email: XXX
Phone: XXX